

Bio-Calcium+D3+K

NAME AND PACKAGE

The name of the preparation is Bio-Calcium+D3+K. It is sold as tablets packed in blister packs, in boxes of 60 and 150.

PRODUCT INFORMATION

Declared content per tablet:

Calcium	500mg
Vitamin D3	5mcg
Vitamin K	35mcg

COMPONENT SUBSTANCES

Sorbitol
Polyvinylpyrrolidone
Xylitol
Hydroxypropyl methyl cellulose
Magnesium Salts of Fatty Acids
Peppermint powder
Silicon dioxide

QUALITY REQUIREMENTS

The raw materials comply with government regulations in the EC and Scandinavia. Testing ensures that the raw materials are in accordance with their certificates of analysis.

The tablets are produced under pharmaceutical control.

SHELF LIFE

Minimum 2 years.

PACK SIZE

60 and 150 tablets.

THE PREPARATION

The preparation is a 16 x 9mm oval, white tablet which is both chewable and easily swallowed.

The average weight is 1395mg with a maximum deviation of $\pm 5\%$. The tablets are packaged in a transparent plastic blister pack with an aluminium membrane, approved for use with food.

All blister packs are batch numbered and the boxes are date stamped in accordance with current regulations.

CONTRA-INDICATIONS

A daily intake as high as 2500mg appears to be safe with no reported adverse effects.

Higher intakes may result in gastrointestinal disturbance, interfere with the absorption of zinc, magnesium and iron and may lead to formation of kidney stones in susceptible people.

People with thyroid or kidney disease should take calcium supplements with caution.

Calcium supplements may interfere with the action of blood pressure medications such as Beta-Blockers and Calcium Channel Blockers, people on blood pressure medication should consult a doctor before taking calcium supplements.

Pregnant or lactating women and those on medication should consult a doctor before using any product.

STORAGE

Product to be stored at room temperature.

USAGE

1-3 tablets per day, or as directed by a physician.

Can be swallowed or chewed.

Suitable for vegetarians.

Sugar, yeast, lactose, soy and gluten free.

PRODUCT RIGHTS

The rights to this product belong to:
Pharma Nord ApS, Denmark.